

Quick Start Guide: UPLIFT Desk Bluetooth Adapter

SKU: FRM125

UPLIFT DESK

For the Quick Start Guide:

Please visit upliftdesk.com/uplift-desk-app/quick-start-guide or scan this QR code:



Detailed instructions on how to use the app are at upliftdesk.com/uplift-desk-app.

A few things to note:

1. There are 3 QR code stickers included with the Bluetooth adapter. The QR code is used to pair your device to the Bluetooth adapter after you plug it into the control box under your desktop. Place one sticker on the Bluetooth adapter. Optionally place the other stickers in a convenient location to scan if you need to reconnect and don't want to access the sticker on the Bluetooth adapter.
2. The included cable is only for 3-leg desks. It is not needed for a 2-leg or 4-leg desk.
3. Control boxes are set to one-touch mode by default, so disregard the following unless the setting has been changed to constant-touch mode. The control box must be set to one-touch mode for the app to be fully functional. If the control box is set to constant-touch mode, you can use the app's arrow buttons to move the desk but the sit/stand buttons in the app will not automatically move the desk to your saved sit/stand heights.
4. Download the UPLIFT Desk App.



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SAFETY AND WARNINGS



WARNING: Keep fingers and all body parts clear of the moving desk. Check surroundings on all sides before using the desk to ensure there are no immobile obstacles within the desk's range of motion. Ensure all cords are the appropriate length so they don't pull as the desk moves.



WARNING: Do not allow unsupervised children to use the app. Risk of personal injury if the desk is misused.