

Hi [manager's name],

I would like to submit a request for a height adjustable desk, which would allow me to stand and move more often throughout the day while I work. As more studies are released confirming the dangers of prolonged sitting, I'm interested in the benefits offered by a sit-stand workspace, including:

- Improved energy and boosted productivity at work
- Superior cognitive health, which boosts both memory and learning
- Lowered risk of chronic illnesses, ranging from heart disease to diabetes and even cancer
- Less pain and strain at work, leading to less time off work and reduced time spent taking breaks to rejuvenate

I've chosen the [replace with link to specific product of your choice!] from UPLIFT Desk, the leading height adjustable desk manufacturer, who has products in dozens of successful Fortune 500 companies. All products come with fast and free shipping, and their team will even pick up products at no cost if we decide any don't work for us (no questions asked, if within 30 days of purchase).

If you can confirm your approval, I'll get with [department or internal contact's name] to place the order.

Thank you,
[Your name]